The health care experience is too often taxing and confusing for patients and their families, leading to disengagement and poor adherence to the plan of care.

The Bridge Model is a person-centered, social work-led, interdisciplinary transitional care intervention that addresses these issues and helps individuals safely transition from the hospital to their homes and communities.

**Key model components:**

- Thorough biopsychosocial assessment
- Integration of psychotherapeutic techniques into care coordination and case management activities for increased patient engagement
- Standardized approach to hospital-community-Aging Network collaboration ensuring a seamless continuum of care and information exchange
- Replicated by both hospitals and community agencies

Successful pilot data (n=456)** among Medicare beneficiaries with 5+ hospitalizations in the previous year, commonly known as “super-utilizers” have shown:

- 61.1% 30-day readmission decrease
- 50.3% admission decrease
- 36.4% ED utilization decrease
- 19.8% outpatient no-show decrease

Recognized as evidence-based by the Administration for Community Living and the Agency for Healthcare Research and Quality, **The Bridge Model**’s approach of addressing both medical and social needs have demonstrated many positive outcomes.

- The largest site of implementation of Bridge demonstrated a 20% reduction in all-cause 30-day readmissions among 1,546 discharged home, regardless of diagnosis or comorbidities*
- Increased attendance of post-discharge physician appointments
- Decreased patient and caregiver stress


**Pre-post time frame was 6 months before and 6 months after enrollment in Bridge

**National Bridge Replication**

65 partners in geographically-diverse areas around the nation have been trained. The Bridge Model has been successfully replicated by hospitals, health systems, and community-based organizations, and adaptable to fit each site’s unique client population and workflow (including sites receiving funding for various health reform demonstration projects).

Emphasizing continuous quality improvement, all Bridge replication sites have access to the **Bridge Model Collaborative**—a platform for administrators and clinicians to share best practices and resources with each other.

Interested in being trained? Ask us at info@transitionalcare.org

**TRANSITIONALCARE.ORG**

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