**Patient Story Template**

*Instructions: Use this template to document the patient’s story as you learn it over time.*

“Everyone has their own story, their own pain. Everyone has their own moments of happiness, of suffering, of loneliness, of love, that have shaped them into who they are today. Everyone has their own story, and everyone deserves someone who is willing to listen to it…” (Author Unknown)

Pt Initials:

<table>
<thead>
<tr>
<th>Time (years)</th>
<th>Level of happiness</th>
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What would their happiness look like over time look like on a graph?

What are events that triggered a decline in health and/or happiness?

What was the patient’s highest functioning in life? When did they first start feeling sick?

What is their broader vision for their life? Why do they want to be healthy and stay out of the hospital?

What activities do they enjoy?

Other notes/observations: